
**Pre-Discharge
Factors**

**Bridging
Factors**

Post-Discharge Factors

Transition from Hospital to Home 

- Diagnosis
- Treatment

- Health information
- Social supports

Personal

- Health condition
- Obesity
- Finances/insurance
- Past activities¹
- Personal behaviors²
- Stress

Social: Help with

- ADLs/IADLs
- Medical appointments
- Medical instructions
- Clean environment
- Food
- Transportation

Environmental

- Access to services
- Home living conditions
- Neighborhood conditions

UHR=unplanned hospital readmission; ADL=activities of daily living; IADL=instrumental activities of daily living;

¹includes past smoking, work history

²includes not following medical advice and currently smoking